

The AUTEUR Definitive Facial, 60 minutes

Beginning	Welcome and intro AUTEUR	1. Perform a welcome touch sequence with 3 inhalations
	EYES AND LIPS	2. Cleanse eyes and lips if cosmetics are present
	PRE-CLEANSE	3. Perform pre-cleansing massage
		4. Option to turn on the steamer
	DEEP CLEANSE with ENZYME CLEANSER	5. Add 10 shakes or 1 teaspoon of ENZYME CLEANSER into a facial mask bowl and wet a mask brush, whip up to a creamy foam. Adjust water if needed. Apply to the face, neck, and décolleté in sweeping movements.
	CLEANSING MASSAGE	6. Perform a cleansing massage under steam for 2-4 minutes. Without Steam re-wet the ENZYME CLEANSER with damp fingertips
	ULTRASOUND CLEANSING	7. Option to use an Ultrasonic Spatula
		8. Remove ENZYME CLEANSER with 4x4's or warm compresses
	MIST	9. Mist generously with LIFTING TONER
10 Minutes	EXTRACTION	10. Perform Extractions as needed
	MIST	11. Mist generously with LIFTING TONER
	SERUM APPLICATION	12. Apply 2 pumps of HYALURON ACTIVATOR or LINE SERUM to the face, and tap in until absorbed - about 2-3 minutes
	LightStim™ LIGHT THERAPY	13. Apply LightStim light therapy for 15 - 20 minutes
	HAND TREATMENT	14. Add 6 shakes or .5 teaspoons of ENZYME CLEANSER - into a facial mask bowl and whip up to a creamy foam. Adjust water if needed. Apply to the hands with a mask brush and massage for 1 -2 minutes on each hand. Remove with a warm compress and apply .5 pump of TREATMENT SERUM to each hand and massage until absorbed. Option to use warm gloves.
	FACIAL MASSAGE	15. Apply 1-2 pumps of TREATMENT SERUM to the skin and commence the facial massage. Option to re-wet fingertips to extend the facial massage.

		Option to incorporate Qua Sha or facial roller movements
35 Minutes	MASK	16. Apply 6-8 pumps or 1 teaspoon of OPTIMISING MASK -and the option to massage for 2-3 minutes
	CRYO STICKS	18. Option to extend the masking experience with Cryo-Sticks directly on the skin for 5 over damp gauze

	NECK AND DECOLLETE MASSAGE	19. Apply 1-2 pumps of NECK AND DECOLLETE CREAM, massage until absorbed, then layer 1 pump TREATMENT SERUM to perform neck and décolleté massage.
50 Minutes	REMOVE MASK	20. Thoroughly remove all traces of OPTIMISING MASK
	MIST	21. Mist with LIFTING TONER
	EYE TREATMENT	22. Apply EYE CREAM and perform a 1-2-minute eye area massage
60 Minutes	MOISTURIZE	23. Apply 1-2 pumps of RESTORATION CREAM to the face, and 1-2 pumps of NECK AND DECOLLETE CREAM to the neck and chest area.