

CIRCADIA & LIGHTSTIM PROTOCOL:

STEP 1-PRE-CLEANSE- Apply 1 pump of **Vitamin Veil Cleanser**. Cleanse in circular motions and remove thoroughly.

STEP 2-CLEANSE Apply 1 pump **Amandola Milk Cleanser** to face and cleanse in circular motions. Remove thoroughly. Pat skin dry.

STEP 3- EXFOLIATE & STEAM Mix ½ tsp. of **Enzyme Powder of choice** and 1 ½ tsp. **Enzyme Activator of choice** into a portion cup. Apply with a fan brush to face & neck. Apply damp 4X4 compress over entire face followed by either steam or hot towel for 5-10 min. Thoroughly remove all product with warm towel or 4X4 gauze. Pat skin dry.

Cocoa Enzyme	Acne, congested, oily
Zymase Enzyme	Anti-aging, Damaged, Severely Keratinized

STEP 4- CUSTOM SERUM INFUSION- Choose the appropriate serums based on client's skin condition. Dispense 3-4 drops of selected serums into glass beaker and mix. Apply custom serum cocktail to skin, massage until fully absorbed.

Vitamin C Reversal Serum	Rich in antioxidant protection
Meri-Stem Serum	Stem cell complex for overall skin health and healing
Cyto-Comm Serum	Optimize cell to cell communication-enhance skin energy through ATP production
Myo-Cyte Plus Serum	Neurotransmitter inhibiting peptide technology partnered with wrinkle filling peptide technology
Emergency Eye Lift	Instant lifting, tightening and firming
Chrono-Calm Serum	Reduce inflammation, calm sooth and heal
Serum 71	Boost skin immunity, heal and exfoliate

STEP 5- LightStim Treatment- Follow LightStim protocol

STEP 6-HYDRATE & PROTECT Spray 3-5 sprays of **Blueberry and White tea Hydrating Mist**. Apply 1 pump of **Vitamin C Reversal Serum** to the face and neck. Cocktail **Post Peel Balm and Light Day Sunscreen Broad Spectrum SPF-37** and apply to face & neck.