

LightStim LED Oxygen Rx

STEP 1-CLEANSE

Apply 1 pump Lipid Replacing Cleansing Gel to face and cleanse in circular motions. Remove thoroughly. Pat skin dry.

STEP 2- EXFOLIATE & STEAM

Mix ½ tsp. Chocolate Enzyme powder and 1 ½ tsp. Chocolate Enzyme Activator into a portion cup. Apply with a fan brush to face & neck. Apply damp 4X4 compress over entire face followed by either steam or hot towel for 5-10 min. Thoroughly remove with warm towel or 4X4 gauze. Pat skin dry.

STEP 3-OXYGEN RX

1. Empty Powder Vial & Gel Blister Pack into portion cup.
2. Stir carefully and quickly until powder is dissolved. The mixture will become white & foamy.
3. Apply mixture to face & neck with fan brush.
4. Massage for 2 minutes with gloved hands.
5. Apply 3-5 sprays of Enzyme Activator to face & neck.
6. Massage for 2 minutes with gloved hands.
7. Apply 3-5 sprays of pH Neutralizer to face & neck.
8. Massage for 1 minute.
9. Remove excess with spatula.
10. Apply 3-5 sprays of pH Neutralizer to face & neck.
11. Remove product using COOL damp towel.
12. Apply 3-5 sprays of Citrus Spray

STEP 4-CUSTOMIZED INFUSION with LED

Spray White Willow & Juniper Clearing Mist to face, apply 2-3 drops Vitamin C Reversal Serum and/or Chrono-Calm followed by light tapotement

STEP 5- LightStim LED Treatment

Follow LightStim LED Protocol

STEP 6- EYE CARE

Gently stipple ½ pump of Emergency Eye Lift to eye area

STEP 7-HYDRATE & PROTECT

Apply equal parts Daytime Control & Light Day Sunscreen Broad Spectrum SPF-37 to face & neck

LightStim®

CIRCADIA
by Dr. Pugliese