

Circadia SWiCH Dermal Rejuvenation System & LightStim LED

STEP 1-CLEANSE

Shake Hydrating Cleanser well. Apply a dime size amount to face and neck with light pressure. Remove thoroughly, pat skin dry.

STEP 2- PREP

Apply an even layer of EpiPrep to face & neck. Lightly massage for 10 of the 15 minutes. Product should remain on the skin for 15 minutes. Thoroughly remove EpiPrep with cool 4X4s, DO NOT USE HOT TOWELS.

STEP 3-CLEANSE

Apply a dime size amount of Hydrating Cleanser to face and neck with light pressure. Remove thoroughly.

STEP 4-2ND CLEANSE

Cleanse again using the Hydrating Cleanser. Apply to face and neck with light pressure. Remove thoroughly, pat skin dry.

STEP 5-ACID COMPLEX

Dispense 3ml of SWiCH Solution into portion cup. Apply with fan brush ensuring you DO NOT go over area more than once. Solution to remain on skin.

STEP 6-HEALING COMPLEX

30 Min after SWiCH Solution is applied, apply an even layer of Fraction V to treated area.

STEP 7-HOMECARE

Detach SWiCH Home Care Instructions and review with client. Supply client with Vitamin Veil & Fraction V.

LightStim[®]

CIRCADIA
by Dr. Pugliese

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2 WEEK FOLLOW UP TREATMENT

STEP 1-CLEANSE

Apply 1 pump Lipid Replacing Cleansing Gel to face and cleanse in circular motions. Remove thoroughly. Pat skin dry.

STEP 2- EXFOLIATE & STEAM

Mix ½ tsp. Raspberry Enzyme powder and 1 ½ tsp. Raspberry Enzyme Activator into a portion cup. Apply with a fan brush to face & neck. Apply damp 4X4 compress over entire face followed by either steam or hot towel for 5-10 min. Thoroughly remove with warm towel or 4X4 gauze. Pat skin dry.

STEP 3-CUSTOMIZED INFUSION with LED

Spray Blueberry & White Tea Hydrating Mist to face, apply 2-3 drops Vitamin C Reversal Serum and/or Cyto-Comm followed by light tapotement

STEP 5- LightStim LED Treatment

Follow LightStim LED Protocol

STEP 6- EYE CARE

Gently stipple ½ pump of Emergency Eye Lift to eye area

STEP 7-HYDRATE & PROTECT

Apply equal parts Post Peel Balm & Light Day Sunscreen Broad Spectrum SPF-37 to face & neck

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