

Columbia Skincare & LightStim

Anti-Aging Light Protocol

1. Cleanse skin (double cleanse if wearing makeup)
2. Allow skin to dry
3. Apply Columbia Probiotic Concentrate (amount is about the size of a pea)
4. Follow manufacturer instructions for LightStim Anti-Aging Light
5. Conclude treatment with application of Columbia Complex
 - a. Product amount to use is about the size of a pea
 - b. Apply on ring and index fingers, then dab all over face, come back and rub in
 - c. The Columbia Complex is thicker than most creams, but is indicated for all skin types, including oily skin.