

LIGHTSTIM LED TREATMENT PROTOCOL

- 1) Cleansing:**
- **Firm Skin Cleanser** – for all skin types, especially mature and dehydrated
 - **Eucalyptus Cleansing Concentrate** – for combination and oily skin

- 2) Toning:** Apply the **Neroli Age Corrective Hydrating Mist** and leave on

3) Exfoliation:

FOR NON-SENSITIVE, DRY OR DEHYDRATED SKINS: Optional to pretreat as a degreasing step and for enhanced results; Apply the **Firm Skin Acai Exfoliating Peel** with dropper onto a cotton round or 4x4 gauze. Apply in circular motions covering the face and neck, avoiding the eye area. Do not rinse as there is no need to neutralize.

FOR ALL SKINS, INCLUDING SENSITIVE: Refer to the **Arctic Berry Peel & Peptide Illuminating System** Protocol to apply the **Arctic Berry Enzyme Exfoliant** and the **Arctic Berry Pro Advanced Peel Activator** to the skin. Neutralize with the **Soothing Chamomile Tonique** by spraying into the palms of hands and massaging the tonique into the skin until absorbed, or by saturating two cotton rounds and then apply by compressing lightly to the skin. Continue until tingling sensation has subsided. Rest the skin for 1 minute.

- 4) Extractions:** As needed.

5) LIGHTSTIM TREATMENT:

NOTE; Choosing to apply a serum PRIOR to light therapy treatment will enhance the delivery of the serum. However, NO CREAMS of any kind should be applied prior to the light therapy treatment.

Suggested Serums:

- Marine Flower Peptide Serum ~ for collagen boosting
- Firm Skin Acai Booster-Serums ~ to increase hydration and firming
- Citrus Kale Potent C & E Serum ~ all skin types for antioxidant protection

6) Masque:

FOR ALL SKIN TYPES: Firm Skin Acai Masque; ½ tsp mixed with a little water or tonique

FOR DRY SKIN TYPES: Apply the Bamboo Age Corrective Masque; ½ tsp mixed with a little water or tonique.

Leave on for 5-10 minutes or continuously massage into the skin. Masques may be layered or mixed. Remove with warm wet towels.

7) Massage:

Mix the **Monoï Age Corrective Night Face & Neck Cream** with a few pumps of the Bamboo Firming Fluid. Emulsify, apply and massage for 5–7 minutes. Gently remove excess with a warm wet towel.

8) Serum & Concentrate:

• **Marine Flower Peptide Serum** with Smart Collagen Complex followed by **Bamboo Firming Fluid** with Natural Retinol *Alternative* and Swiss Green Apple Stem Cells.

9) Moisturizing:

TO INCORPORATE THIS PARTICULAR PRODUCT INTO AN ÉMINENCE TREATMENT,
PLEASE REFER TO OUR FACE, BODY, HANDS AND FEET PROTOCOLS.



FOR ALL SKIN TYPES: Apply a thin layer of the **Firm Skin Acai Moisturizer** to face, neck and décolleté. Gently massage until absorbed.

FOR DRY SKIN TYPES: **Monoï Age Corrective Night Face & Neck Cream**

10) Finishing Eye Care:

Apply a thin layer of the **Marine Flower Peptide Eye Cream** to the eye area with light blending movements until absorbed. Leave on. This can be layered on top of the **Hibiscus Ultra Lift Eye Cream** or the **Neroli Age Corrective Eye Serum** if desired.

11) Sun Defense:

Apply Sun Defense Minerals SPF 30 as per instructions to finish and protect your client's skin. As skin will be more sensitive to the sun, application of an SPF product is mandatory after treatment. Advise your client to use a sunscreen, wear protective clothing, and limit sun exposure after each treatment and for a week afterwards.

12) Citrus Lip Balm: Apply to protect and finish your client's lips.

TO INCORPORATE THIS PARTICULAR PRODUCT INTO AN ÉMINENCE TREATMENT,
PLEASE REFER TO OUR FACE, BODY, HANDS AND FEET PROTOCOLS.

Toll Free 1.888.747.6342 · Tel 604.602.4787 · Fax 604.602.4731 · info@eminenceorganics.com · www.eminenceorganics.com

