

LIGHTSTIM FACIAL PROTOCOL



CLEANSE

Cleanse the face with Oil Cleanser, applying 2-3 pumps to a clean, dry hand before massaging into skin. Gently work cleanser into skin. Rinse with water.

EXFOLIATE

Apply 2-3 pumps of Oil Cleanser to a clean, dry hand and mix in a teaspoon-sized amount of Enzyme Exfoliating Powder. Massage into face. Rinse with water to activate exfoliation.

EXTRACT

After face is cleansed, perform any necessary extractions.

MASK

Apply the Lipid Recovery Mask. Remove Mask from pouch and peel away the protective white layer. Apply the Mask and adjust as needed. Peel away the blue protective layer and finish adjusting. Let mask sit for 15 min before removing.

SETUP

Position LightStim provided goggles over the client's eyes and ensure the elastic band is in place snugly but comfortably around the head - if necessary moistened cotton rounds may be used under the goggles.

LIGHTSTIM LED TREATMENT

Before moving the device into position over the face, turn the device on - this will provide an opportunity for the eyes to adjust to the brightness. Position approximately 1" from the treatment area.

HYDRATE

After removing the mask, massage remaining serum into skin, then apply a pea-sized amount of the Hyvia® Crème to each area of the face as needed. Massage crème into face with gentle circular motions.

PROTECT

Following the Hyvia® Crème, apply your preferred SPF product to ensure sun protection post facial.

Don't forget our Travel Set to keep up with your skincare on the go!



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