

Exuviance Professional LED Light Therapy Protocol

This two-step protocol combines the exfoliating power of AHA peels with the potent efficacy of LED light therapy (visible red and infrared light energy) to treat full face wrinkles. Designed as a step-up treatment to target visible signs of photodamage, this ritual is ideal for all skin types, particularly those desiring a more youthful appearance.

In a recent study, 100% of participants found this facial to be a luxurious, relaxing, and rejuvenating treatment. After 3 days, 100% of participants noted an improvement in their skin, specifically that skin felt hydrated, softer, and more supple.*

SKIN TYPE

For normal, combination, mature, photodamaged skin types

KEY INGREDIENTS

The **Exuviance Professional LED Protocol** includes **KEY INGREDIENTS** designed to address your client's specific concerns:

- AHA Peels – Surface exfoliants to revitalize skin
- Lactobionic Acid – Gentle sugar-acid exfoliator and humectant that attracts water to skin
- Gluconolactone – PHA that defends against environmental aggressors
- NeoGlucosamine – Building block of skin's natural hyaluronic acid
- AminoFil – Targets skin's volumizing matrix to plump and firm
- Grape Seed, Green Tea, and Lilac Leaf Extracts – Antioxidants that help neutralize oxidative stressors
- Vitamins A, C, and E – Natural antioxidants

CONSIDERATIONS

- Steam is not recommended in protocols that utilize peels.

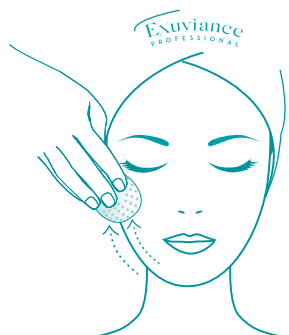
STEPS

1. Cleanse



Dampen skin with a steamed towel. Gently massage **Purifying Cleansing Gel** over the face to cleanse the skin. Product may be removed with a steamed towel.

2. Tone



Moisten a cotton or gauze pad with **Soothing Toning Lotion**. Smooth over the face to remove any residual makeup and to prepare the skin for exfoliation.

3. Exfoliate



Gently smooth **Glycolic Polish** on the face, using a circular motion for 30 seconds. Leave on the skin for 1-2 minutes as tolerated. Remove with a moist, cool towel. If necessary, a second towel may be used to remove any excess granules.

4. Massage



Massage a generous amount of **PHA Massage Creme** onto the face, using upward, flowing strokes for approximately 7-10 minutes. Remove with a steamed towel.

Exuviance Professional LED Light Therapy Protocol (continued)

5. Peel



Optional: For clients who do not desire a peel in their service, skip step 5 and proceed to step 6, LED Treatment.

See Exuviance Peel System Instructions for complete directions. The peel can be used at different levels, depending on tolerability.

Beginner: **Clarifying Peel/Booster**

Intermediate: **Clarifying Peel/Booster + Revitalizing Peel**

Advanced: **Clarifying Peel/Booster + Revitalizing-Plus Peel**

Starting application at any areas that may be of concern, carefully apply the solution uniformly to the skin using a disposable fan brush, assessing any redness or discomfort. Leave on the skin for up to 10 minutes as tolerated. Make sure eyes and mouth are tightly closed. Spray **Neutralizing Solution** liberally over the entire peeled area. Foaming indicates that the peel has been neutralized. Gently blot the treated area with soft towels to remove excess solution. Reapply **Neutralizing Solution** until foaming stops. Wipe the eye area with clean gauze. Cover the treated area with a moist, cool towel (or gauze) to minimize any redness or remaining stinging. Then, rinse or gently wipe the skin.

6. LED Treatment

Administer LED treatment as per manufacturer's instructions.**

For eye protection, provide goggles to the client to cover his or her eyes during the treatment.

7. Masque

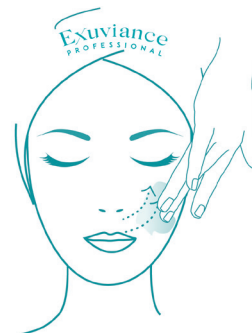


Gently place the **Intensive Eye Treatment Masque** pads under or around each eye area as an eye masque.

Dispense **Plump Perfect Firming Treatment** into a bowl allowing enough to cover the client's face. Working quickly around the eye pads, smooth the treatment on skin in an even layer with fingers or brush, without rubbing. Lightly tap any excess into skin. Wait 5-10 minutes while the product absorbs.

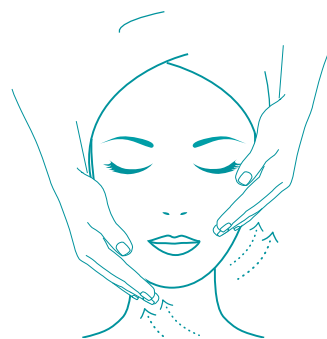
Gently remove eye pads, and massage in or remove excess product with a moist, cool towel.

8. Serum



Glide on 2-3 pumps of **Supercharge AOX Serum** or **Revive Pro-Concentrate** to skin using upward strokes. Gently massage in until fully absorbed.

9. Moisturizer



Smooth **Sheer Refining Fluid SPF 40** over the face in an upward motion, starting at the neck area.

10. Eye Treatment



Starting at the outer corner of the eye, gently dot **Hydrating Eye Complex** inward to the inner eye area until fully absorbed.

*One-time treatment of the Exuviance Professional LED Protocol, followed by 3 days of daily use of Purifying Cleansing Gel (morning & evening), Sheer Refining Fluid SPF 35 (morning), and Ultra Restorative Creme (night).

**Tested with LightStim LED Panel Light for Anti-Aging (20 minute treatment).

RECOMMENDED HOME CARE:

Cleanser – **Purifying Cleansing Gel**

Toner – **Soothing Toning Lotion**

Polish – **Glycolic Polish**

Serum – **Supercharge AOX Serum or Retinol Serum**

Moisturizer – **Ultra Restorative Creme**

SPF Moisturizer – **Sheer Refining Fluid SPF 40**

Eye – **Hydrating Eye Complex or Retinol Eye Crème**