



HALE & HUSH INCREDIBLE ENZYMES PROTOCOL USING LIGHTSTIM LED

1. **DOUBLE CLEANSE:** Apply **Quiet Wash** and emulsify with water. Rinse thoroughly.
2. **EXFOLIATE:** Apply **Incredible Enzymes** to face and neck. Massage 3-5 minutes with or without steam, remove enzyme very well. (If performing extractions, do them at this time.)
3. **TONE/ HYDRATE:** Wipe skin with wet gauze or cotton soaked in **Mist Me Spritz**.
4. **TREAT / CONDITION:** Apply **Soothe Essence Serum and/or Rare C Serum** liberally to face and neck.
5. **LED TREATMENT:** Use **LIGHTSTIM** combo or anti-aging panel for 20 minutes or handheld devices held for 20 minutes on the skin for product penetration and LED benefits.
6. **MASK AND MASSAGE:** Apply **Hush Hydrate Mask with Bio Relief Powder** liberally to skin to penetrate or a 5–10-minute face massage can be performed. Remove residual mask with towel.
7. **TREAT / CONDITION (optional):** Apply additional **Serum** or **Rare Retinal Serum** to face and neck if needed.
8. **ENHANCE:** Apply **Eye Mousse and/or Brilliant Eye and Lip Serum** for the eyes and lips.
9. **HYDRATE & PROTECT:** Apply choice of **Moisturizer** and **Broad Spectrum SPF 30**.

www.haleandhush.com
shawna_rocha@yahoo.com
480-404-7409