

## BRIGHTENING FACIAL

Even out, lighten and brighten many types of skin discoloration including age spots, sun damage, acne marks and pregnancy mask. This brightening treatment will help address pigmentation concerns without the use of harsh chemicals by combining proven natural skin brighteners with gentle exfoliation. A potent dose of antioxidants helps to protect the skin while a targeted treatment serum jumpstarts a more even complexion.

### INTENSITY LEVEL:

MEDIUM

### TREATMENT TIME:

45-60 minutes

### PRODUCTS:

CLEANSING GEL

EXFOLIATING CLEANSER

PRE-TREATMENT TONER

CLARIFYING TONER (OPTIONAL)

VITAMIN C PEEL 1

EXTRA STRENGTH PEEL 2

RADIANCE MASK

LUMAPRO-C

FIRMING MOISTURIZER

SOOTHING BALM

### CHOOSE ONE:

AQUABOOST

FACE LIFT

POWER LIFT

SOOTHING BALM

### CHOOSE ONE:

UPLIFT EYE

EYE AUTHORITY

### CHOOSE ONE:

SOLAR DEFENSE TINTED

SOLAR DEFENSE NON-TINTED

PERFECTING GLOSS (OPTIONAL)



**PRE-CLEANSE:** 3 minutes

½ tsp. **CLEANSING GEL**

With wet hands apply a small amount and gently massage around dry lashes and the facial area

**CLEANSE:** 3 minutes

½ tsp. **EXFOLIATING CLEANSER**

Massage into skin focusing on areas of congestion. Remove with sponges and water.

**STONE:** 1 minute

¾ tsp. **PRE-TREATMENT TONER**

Saturate cotton pad and wipe face to remove excess oils and prep skin. Apply eye compress. Examine skin and perform skin consultation, note any areas needing extractions.

**PEEL 1:** 2 minutes

¾ tsp. **VITAMIN C PEEL 1**

Begin steam (optional). Massage Vitamin C Peel for 1-2 minutes. Do not remove.

Note: Massage Only. Do not scrub vigorously.

Note: If client has sensitive skin, reduce the manual exfoliation by pre-mixing Peel 1 and Extra Strength Peel 2. Let it sit for up to 5 minutes.

**PEEL 2:** 3 minutes

¾ tsp. **EXTRA STRENGTH PEEL 2**

Apply over Vitamin C Peel 1 and continue gently massaging for 2-3 more minutes. To achieve more exfoliation, peel combination may be left on skin for up to 6 minutes. Turn off steam. Remove with a steamed towel.

**EXTRACT:** 5 minutes

¾ tsp. **CLARIFYING TONER**

(OPTIONAL)

Saturate cotton pad and apply over areas needing extractions.

**FACIAL MASSAGE:** 15 minutes

1/8 tsp. **LUMAPRO-C +**

¾ tsp. **SOOTHING BALM**

Warm between hands. Mix and perform facial massage or pressure points. Soothing Balm/LumaPro-C mixture may be left on under the mask or removed using a steamed towel.

**MASK:** 7 minutes

1 tsp. **RADIANCE MASK**

Apply eye compress. Apply thin layer to entire face for 7-10 minutes and perform hand massage while mask is setting.

Option: Apply an additional 1/2 tsp of mask to neck and décolleté.

Remove mask with warm steamed towel

**HAND MASSAGE**

½ tsp. **FIRMING MOISTURIZER +**

½ tsp. **SOOTHING BALM**

Perform during mask treatment. Warm Soothing Balm between hands. Mix with Firming Moisturizer and perform hand and arm massage.

Option: You may also incorporate an add-on service of your choice at this time.

**TREAT:** 1 minute

1/8 tsp. **LUMAPRO-C**

Apply to entire face. This is a great time to educate your client about peptides and recommend a home care regimen.

**EYE REPAIR:** 1 minute

1/12 tsp. **UPLIFT EYE**

OR

1/12 tsp. **EYE AUTHORITY**

Uplift Eye: Lifting, Firming, Hydrating (safe for eyelid)

Eye Authority: Dark Circles, Puffiness, Crow's Feet

Apply to entire orbital area.

**MOISTURIZE:** 1 minute

Choose One:

¼ tsp. **AQUABOOST**

¼ tsp. **FACE LIFT**

¼ tsp. **POWER LIFT**

¼ tsp. **SOOTHING BALM**

AquaBoost: Oily/Acne-Prone Skin (Contraindications: Pregnancy, Nursing, Aspirin Allergy)

Face Lift: Normal to Combination Skin

Power Lift: Normal to Dry Skin

Soothing Balm: Dry/Sensitive Skin

Apply to entire facial area.

**PROTECT:** 1 minute

¼ tsp. **SOLAR DEFENSE TINTED or**  
**SOLAR DEFENSE NON-TINTED**

Apply to entire face and massage until blended.

**LIP TREATMENT:** 1 minute

1/24 tsp. **PERFECTING GLOSS**

(OPTIONAL)

As an option, add a small portion of Perfecting Gloss within lip line.