

CUSTOMIZED FACIAL

INTENSITY LEVEL:

VARIED

TREATMENT TIME:

45-90 minutes

PRODUCTS:

CLEANSING GEL

CHOOSE ONE:

EXFOLIATING CLEANSER

PURIFYING CLEANSER

PRE-TREATMENT TONER

PEEL CHOOSE ONE:

BLUEBERRY PEEL: Redness, Irritation, Sensitivity

VIT. C PEEL 1 + PEEL 2 or EX. STRENGTH PEEL 2: Brightening, Pigmentation, Evens Out Skin Tone

APPLE PEEL 2 + PEEL 2 or EX. STRENGTH PEEL 2: Resurfacing, Smooths Dull and Rough Complexions

MASK CHOOSE ONE:

SEE KEY BELOW

CHOOSE ONE:

POWER SERUM

HYDROSTEM

LUMAPRO-C

SOOTHING SERUM

REDEFINING SERUM

FIRMING MOISTURIZER

SOOTHING BALM

CHOOSE ONE:

AQUABOOST

FACE LIFT

POWER LIFT

SOOTHING BALM

CHOOSE ONE:

UPLIFT EYE

EYE AUTHORITY

CHOOSE ONE:

SOLAR DEFENSE TINTED

SOLAR DEFENSE NON-TINTED

PERFECTING GLOSS (OPTIONAL)

PEEL KEY

BLUEBERRY PEEL: Redness, Irritation, Sensitivity

VIT. C PEEL 1 + PEEL 2 or EX. STRENGTH PEEL 2: Brightening, Pigmentation, Evens Out Skin Tone

APPLE PEEL 2 + PEEL 2 or EX. STRENGTH PEEL 2: Resurfacing, Smooths Dull and Rough Complexions

MASK KEY

REJUVENATINGMASK: Calming, Detoxifying, Redness Reducing

MIRACLE MASK: Firming, Toning, Purifying

NORDIC DETOX MASK: Detoxifying, Fortifying

BALANCING MASK: Balancing, Revitalizing, Stress Relieving

RADIANCE MASK: Brightening, Slightly Exfoliating, Smoothing

PRE-CLEANSE: 3 minutes

½ tsp. CLEANSING GEL

With wet hands apply a small amount and gently massage around dry lashes and the facial area

CLEANSE: 3 minutes

Choose One:

½ tsp. EXFOLIATING CLEANSER

½ tsp. PURIFYING CLEANSER

Choose one based on clients skin type:

Exfoliating Cleanser: Brightening/Energizing

Purifying Cleanser: Clearing/Acne Fighting

STONE: 1 minute

Choose One:

¼ tsp. PRE-TREATMENT TONER

¼ tsp. CLARIFYING TONER

Choose one based on clients skin type:

Pre-Treatment Toner: Brightening/Evens Out Skin Tone

Clarifying Toner: Clearing/Anti-Bacterial

Saturate cotton pad apply to facial area. Examine skin and perform skin consultation, note any areas needing extractions.

PEEL: 2-7 minutes

Choose one option:

½ tsp. BLUEBERRY PEEL

¼ tsp. VIT. C PEEL + ¼ tsp. PEEL 2 / EXTRA STRENGTH PEEL 2

¼ tsp. APPLE PEEL + ¼ tsp. PEEL 2 / EX. STRENGTH PEEL 2

Choose one option from the Peel Key on the bottom left.

Note: Massage Only if using Vitamin C Peel 1 or Apple Peel 1. Do not scrub vigorously. Apply the crystals and massage for 1-2 minutes. Layer Peel 2/Extra Strength Peel 2 on top and continue massaging for an additional 2 minutes. Remove with a steamed towel.

Note: Blueberry Peel is applied as a thin layer. Blueberry peel can be left on the skin for 3-7 minutes. Remove with luke-warm towel.

Option: Extractions can be performed after peel is removed.

MASK: 15-25 minutes

1 tsp. MASK OF CHOICE (SEE MASK KEY)

Choose based on Mask Key on the bottom left. Apply eye compress. Apply thin layer to entire face.

Option: Apply an additional ½ tsp. of mask to neck and décolleté.

Perform hand/arm massage while mask is setting. Remove mask with warm steamed towel

HAND MASSAGE

½ tsp. FIRMING MOISTURIZER +

½ tsp. SOOTHING BALM

Perform during mask treatment. Warm Soothing Balm between hands. Mix with Firming Moisturizer and perform hand and arm massage.

Option: You may also incorporate an add-on service of your choice at this time.

TREAT: 1 minute

Choose One:

1/8 tsp. SOOTHING SERUM

1/8 tsp. HYDROSTEM

1/8 tsp. POWER SERUM

1/8 tsp. LUMAPRO-C

1/8 tsp. REDEFINING SERUM

Choose serum based on clients skin type and apply to facial area.

Soothing Serum: Redness/Sensitivity

HydroStem: Prevention/Nourishing/Protecting

Power Serum: Restoration/Deep Fine Lines and Wrinkles

LumaPro-C: Dark Spots/Hyperpigmentation

Redefining Serum: Acne/Clearing/Promotes Healthy Complexion (If using Redefining serum, apply after LightStim treatment)

LIGHTSTIM: 20 minutes

USE ANTI-AGING OR ACNE LIGHTSTIM

Perform LightStim treatment as directed by manufacturer to enhance the benefits of the treatment.

EYE REPAIR: 1 minute

1/12 tsp. UPLIFT EYE

OR

1/12 tsp. EYE AUTHORITY

Uplift Eye: Lifting, Firming, Hydrating (safe for eyelid)

Eye Authority: Dark Circles, Puffiness, Crow's Feet

Apply to entire orbital area.

MOISTURIZE: 1 minute

Choose One:

¼ tsp. AQUABOOST

¼ tsp. FACE LIFT

¼ tsp. POWER LIFT

¼ tsp. SOOTHING BALM

AquaBoost: Oily/Acne-Prone Skin
Face Lift: Normal to Combination Skin
Power Lift: Normal to Dry Skin
Soothing Balm: Dry/Sensitive Skin

Apply to entire facial area.

PROTECT: 1 minute

¼ tsp. SOLAR DEFENSE TINTED or
SOLAR DEFENSE NON-TINTED

Apply to entire face and massage until blended.

LIP TREATMENT: 1 minute

1/24 tsp. PERFECTING GLOSS (OPTIONAL)

As an option, add a small portion of Perfecting Gloss within lip line.