

DELUXE DETOX FACIAL

The research is clear: Pollutants, debris, free-radicals and blue light can damage the health of your skin, increase inflammation and accelerate the signs of aging. The HydroPeptide Deluxe Detox Facial incorporates a Honey Tri-Zyme Peel and a Nordic Detox Mask to ensure your skin functions optimally by clearing away build up, deeply purifying, repairing, replenishing and protecting your skin while strengthening its environmental defenses.

INTENSITY LEVEL:

MEDIUM

TREATMENT TIME:

45-60 minutes

PRODUCTS:

CLEANSING GEL

PURIFYING CLEANSER

PRE-TREATMENT TONER

HONEY TRI-ZYME PEEL

NORDIC DETOX MASK

HYDRAFLORA ESSENCE

HYDROSTEM

FIRMING MOISTURIZER

SOOTHING BALM

NIMNI DAY CREAM

CHOOSE ONE:

AQUABOOST

FACE LIFT

POWER LIFT

SOOTHING BALM

CHOOSE ONE:

UPLIFT EYE

EYE AUTHORITY

CHOOSE ONE:

SOLAR DEFENSE TINTED

SOLAR DEFENSE NON-TINTED

PERFECTING GLOSS (OPTIONAL)

CONTRAINDICATIONS (PURIFYING CLEANSER, AQUABOOST):

PREGNANCY

NURSING

ALLERGY TO ASPIRIN

SENSITIVE SKIN

SUNBURN

RETIN A/ RETINOLS

ACNE TREATMENTS (PRESCRIBED OR OTC)

OPEN ACNE LESIONS

DISCONTINUE USE OF RETINOLS AND ANY ACNE TREATMENTS 3 DAYS PRIOR TO AND FOLLOWING TREATMENT

PRE-CLEANSE: 3 minutes

½ tsp. **CLEANSING GEL**

With wet hands apply a small amount and gently massage around dry lashes and the facial area

CLEANSE: 3 minutes

½ tsp. **PURIFYING CLEANSER**

Massage into skin focusing on areas of congestion. Remove with sponges and water.

STONE: 1 minute

¼ tsp. **PRE-TREATMENT TONER**

Saturate cotton pad and wipe face to remove excess oils and prep skin. Apply eye compress. Examine skin and perform skin consultation, note any areas needing extractions.

PEEL 1: 7-10 minutes

½ tsp. **HONEY TRI-ZYME PEEL**

Apply thin layer to face and neck, with gloved hands or spatula, avoiding the eye area. Leave on the skin 7-10 minutes depending on client's skin type. Check in with your client to gauge their comfort level on a scale from 1 to 10. Remove thoroughly with luke-warm towel.

EXTRACT: 5 minutes

¼ tsp. **PRE-TREATMENT TONER**
(OPTIONAL)

Saturate cotton pad and apply over areas needing extractions.

MASK: 7 minutes

1 tsp. **NORDIC DETOX MASK**

Apply eye compress. Apply thin layer to entire face for 7-10 minutes and perform hand massage while mask is setting.

Option: Apply an additional 1/2 tsp of mask to neck and décolleté.

Remove mask with warm steamed towel

HAND MASSAGE

½ tsp. **FIRMING MOISTURIZER +**

½ tsp. **SOOTHING BALM**

Perform during mask treatment. Warm Soothing Balm between hands. Mix with Firming Moisturizer and perform hand and arm massage.

Option: You may also incorporate an add-on service of your choice at this time.

TREAT: 1 minute

¼ tsp. **HYDRAFLORA ESSENCE**

Dispense into hands or saturate cotton pad and wipe or press face.

TREAT: 1 minute

1/8 tsp. **HYDROSTEM**

Apply to entire face. This is a great time to educate your client about peptides and recommend a home care regimen.

LIGHTSTIM: 20 minutes

USE ANTI-AGING LIGHTSTIM

Perform LightStim treatment as directed by manufacturer to enhance the benefits of the treatment.

EYE REPAIR: 1 minute

1/12 tsp. **UPLIFT EYE** OR

1/12 tsp. **EYE AUTHORITY**

Uplift Eye: Lifting, Firming, Hydrating (safe for eyelid)

Eye Authority: Dark Circles, Puffiness, Crow's Feet

Apply to entire orbital area.

BOOST: 1 minute

1/8 tsp. **NIMNI DAY CREAM**

Apply to entire facial area.

MOISTURIZE: 1 minute

Choose One:

¼ tsp. **AQUABOOST**

¼ tsp. **FACE LIFT**

¼ tsp. **POWER LIFT**

¼ tsp. **SOOTHING BALM**

AquaBoost: Oily/Acne-Prone Skin (Contraindications: Pregnancy, Nursing, Aspirin Allergy)

Face Lift: Normal to Combination Skin

Power Lift: Normal to Dry Skin

Soothing Balm: Dry/Sensitive Skin

Apply to entire facial area.

PROTECT: 1 minute

¼ tsp. **SOLAR DEFENSE TINTED or**
SOLAR DEFENSE NON-TINTED

Apply to entire face and massage until blended.

LIP TREATMENT: 1 minute

1/24 tsp. **PERFECTING GLOSS**

As an option, add a small portion of Perfecting Gloss within lip line.

