



Treatment Protocol

STEP 1

Cleanse the skin twice with Stellar Gentle Gel Cleanser to remove makeup, dirt and sebum from the skin.

- *Cleansing can be performed using hands, sponges, 4x4s, rotating brush, etc.*

STEP 2

Apply Prep-Work to the treatment area with cotton or gauze to remove any residual sebum and allow for optimal exfoliation.

- *More sensitive skin types may experience stimulation with Prep-Work.*
- *If Prep-Work is truly uncomfortable for the patient, Polite Peel may be the best option.*

STEP 3

Position LightStim provided goggles over the client's eyes and ensure the elastic band is in place snugly but comfortably around the head - if necessary moistened cotton rounds may be used under the goggles.

STEP 4

Perform LightStim treatment according to manufacturer instructions.

- *Note: LightStim ProPanel Anti-Aging or LightStim Elipsa may be used in this treatment.*

STEP 5

When the treatment is complete, remove the device.

STEP 6

Apply the appropriate Linder Health peel in layers using cotton, gauze or a brush, assessing visible and perceived inflammation (up to 6 layers).

- *Hero Peel – visible aging, discoloration, prevention, and maintenance*
- *Spot(less) Peel – acne breakouts*
- *Polite Peel – hypersensitive skin and impaired barrier*
- *Fan to keep the patient comfortable and to dry the skin between each layer.*

STEP 7

Apply two pumps of HA Pep Smoothing Intensifier to hydrate, plump and improve texture on all skin types.

STEP 8

Apply one pump of Bonus Round to the treatment area for increased cell turnover, visible flaking and overall results.

STEP 9

Apply Lustre Nourishing Moisture to soothe the skin and reduce inflammation.

STEP 10

Apply CastAway Broad-Spectrum SPF 30 to protect the skin from UV rays.

CONTACT LINDER HEALTH

LINDERHEALTHPRO.COM
HELLO@LINDERHEALTH.COM
844.722.2336

CONTACT LIGHTSTIM

LIGHTSTIMPRO.COM
PROFESSIONAL@LIGHTSTIM.COM
949-502-4088