

MURAD ENZYME PROTOCOL



TREATMENT TIME: 60 Minutes

Step 1: Cleanse / Tone – With Skin Analysis

Eye and Lip Makeup Removal	Soothing Oat and Peptide Cleanser	2 drops 1 drop	Cleanse and rinse the eye area. Cleanse and rinse the lip area.
Surface Cleanse		1 pump	With gentle steam, cleanse face, neck and chest. Remove thoroughly.
Deep Cleanse	Clarifying Cleanser Or Soothing Oat and Peptide Cleanser	½ pump 1 pump	
Tone	Hydrating Toner	1 pump	Sweep over face, neck & chest.
Skin Analysis	Use Magnifying Lamp		Cover eyes to conduct Murad Method Skin Analysis.

Step 2: Treat

Protect	Soothing Skin and Lip Care	small pearl	Protect lips, areas that require extra protection and skin irritations.
Treatment	Enzyme Treatment	packet	Mix Enzyme Treatment Gel and Powder. Under gentle steam apply mixture to the face, neck and chest Leave on up to 10 minutes depending on client’s sensitivity.
Hand and Arm Massage	Youth Builder Massage Cream <i>for face and body</i>	2 pumps	Perform massage during treatment time.
Treatment Removal			Remove the treatment with a warm towel. Repeat removal of treatment with 2 moist esthetic wipes as often as necessary.
Extractions			Cover eyes to conduct extractions.
Tone	Clarifying Toner Or Hydrating Toner	1 pump	Sweep over face, neck and chest.
Face, Neck and Chest Massage	Youth Builder Massage Cream <i>for face and body</i>	3 pumps	Perform massage. Removal is optional.

Step 2: Treat With LightStim

Serum	Sensitive Skin Soothing Serum	½ pump	Apply to face, neck & chest.
LightStim			Perform LightStim treatment according to manufacturer instructions.

Step 3: Hydrate/Protect

Eyes	Renewing Eye Cream	1 drop	Apply a thin layer over orbital bone.
Moisturize	Hydro Dynamic Ultimate Moisture	¼ tsp	Apply to face, neck and chest.
SPF: All Skin Types	City Skin™ Age Defense Broad Spectrum SPF PA ++++ Or Essential-C™ Day Moisture Broad Spectrum SPF 30 PA +++	½ pump	Apply a generous amount to face, neck and chest.
Lips	Soothing Skin and Lip Care	small pearl	Apply to lips.
Closing Ritual	Youth Builder Massage Cream <i>for face and body</i>	1 pump	Apply a warm towel then massage cream onto shoulders and upper back.

HEALTHY SKIN BARRIER PROTOCOL

At Home Protocol



Step 1: Cleanse / Tone

Eye and Lip Makeup Removal	Make up remover		Remove eye and lip makeup.
Surface Cleanse	Essential-C Cleanser	dime size	Cleanse face, neck and chest. Remove thoroughly.
Deep Cleanse	Essential-C Cleanser	dime size	
Tone	Hydrating Toner	3-4 pumps	Hold bottle 8-10 inches away from face, close eyes and mist Hydrating Toner evenly onto skin. Avoid getting into the eyes.

Step 2: Treat

Treatment	Cellular Hydration Repair Serum	2 pumps	Apply evenly to face, neck, and chest.
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Step 2: Treat With LightStim

LightStim			Perform LightStim treatment according to manufacturer instructions.
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Step 3: Hydrate/Protect

Eyes	Renewing Eye Cream	1 drop	Apply a thin layer over orbital bone.
AM Moisturize	Perfecting Day Cream Broad Spectrum SPF 30 PA +++	generous amount	Apply to face, neck and chest.
PM Moisturize	Cellular Hydration Repair Cream	2 pumps	Apply a generous amount to face, neck and chest.

CLEAR SKIN AND BARRIER RESTORATION FACIAL

At Home Protocol

Murad® LightStim⁺

Step 1: Cleanse / Tone

Eye and Lip Makeup Removal	Make up remover		Remove eye and lip makeup.
Surface Cleanse	Clarifying Cleanser	dime size	Cleanse face, neck and chest. Remove thoroughly.
Deep Cleanse	Clarifying Cleanser	dime size	
Tone	Clarifying Toner	3-4 pumps	Hold bottle 8-10 inches away from face, close eyes and mist Hydrating Toner evenly onto skin. Avoid getting into the eyes.

Step 2: Treat

Treatment	Cellular Hydration Repair Serum	2 pumps	Apply evenly to face, neck, and chest.
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Step 2: Treat With LightStim

LightStim			Perform LightStim treatment according to manufacturer instructions.
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Step 3: Hydrate/Protect

Eyes	Renewing Eye Cream	1 drop	Apply a thin layer over orbital bone.
AM Moisturize	Oil and Pore Control Mattifier Broad Spectrum SPF 45 PA ++++	generous amount	Apply to face, neck and chest.
PM Moisturize	Clarifying Water Gel	¼ teaspoon	Apply a generous amount to face, neck and chest.