



Acne Extraction Treatment Protocol

Service time: 50-minutes

Beginning procedure:

1. Pre-heat steamer or prepare warm, damp towels prior to client arrival to have ready when needed.
2. After examining the client's skin under the magnifying lamp, proceed to cleansing using skin type appropriate product and slightly warm water under mild steam. You may use a soft facial brush or skin spatula during this process provided there are no visible open lesions. (2-minutes maximum time)
3. While under steam or damp towels, mix 1 full teaspoon of Preston Acne Pros **Xtraction-Ease Exfoliating Masque** in small bowl with 1 full tablespoon of Preston Acne Pros **Xtraction-Ease Disincrustation/Activating Solution** to create a smooth paste. With mask brush, apply enzyme preparation to areas planned for treatment and steam for another 5-7 minutes avoiding the immediate eye area. DO NOT allow enzymes to dry or cool during this procedure.
4. Thoroughly rinse enzyme preparation from skin with warm water.
5. Continuing to steam, rinse skin completely with mild warm water and swab skin with **Xtraction-Ease Disincrustation/Activating Solution** on cotton pad for 1-2 minutes. Repeat rinse with warm water.
6. Perform comedone extractions as needed. Be sure to check on client comfort throughout this procedure.
7. Following extractions, apply cold water to skin using facial sponges or towels, plus cold pads/ice roller or globes from freezer if desired. Alert client about the cold temperature before applying.
8. Conduct LightStim LED session according to manufacturer instructions.
9. Thoroughly swab skin with skin type appropriate toner.
10. Apply high frequency for 2+ minutes to treated areas as needed.
11. Apply skin type appropriate benzoyl peroxide, hydrator/serum or SPF depending on treatment plan.

End of procedure