



LightStim ProPanel provides a soothing, relaxing, non-invasive and therapeutic treatment that can be administered on its own or combined with many other treatments and services to elevate results. All LightStim devices have been shown to provide clinically proven results. Most of the benefits below may be seen after just one treatment.

Benefits Associated with LightStim ProPanel

- + Minimizes the appearance of pores, fine lines, and wrinkles
- + Helps energize and restore balance for optimal skin function
- + Promotes a more even skin tone
- + Calms and reduces redness
- + Produces a radiant glow
- + Works synergistically with other treatments and ingredients for better results
- + Increases blood circulation and oxygenation
- + Helps to accelerate recovery
- + Reduces and relieves pain
- + Destroys acne causing bacteria

ProPanel Anti-Aging Light

FDA Cleared to treat wrinkles on the entire face

ProPanel Acne Light

FDA Cleared to treat mild to moderate acne

ProPanel Pain Light

FDA Cleared to relieve arthritic pain, a variety of minor aches and pains, relax muscles, and increase local blood circulation.



Combination Treatments

LightStim ProPanel may be used in conjunction with many other treatments and services to promote benefits and/or calm the skin post-procedure:

- | | | |
|---|---|--------------------------------|
| + Facials | + Dermaplaning | + Radiofrequency (RF) |
| + HydraFacial® | + Microcurrent | + Surgery |
| + Enzyme Treatments / Peels | + Waxing & Sugaring | + Post-Procedure Recovery |
| • Because formulations vary, consult with peel manufacturer to determine if a waiting period is necessary after peel and before using a mildly warm LED device on the skin. When in doubt LightStim can be used prior to the treatment. | + Oxygen Treatment | + Pain Management |
| | + Microblading | + Aesthetic Body Treatments |
| | + Microneedling | + Fitness & Meditation Classes |
| | + Dermal Injections | + Massage |
| | + Laser and IPL | + Acupuncture |
| + Microdermabrasion | • When to introduce the gentle warmth of LightStim after treatment is strictly at the discretion of the laser tech or medical professional. | + IV Supplementation |



Ingredient Guidelines

LightStim devices may be used on clean, dry skin or in conjunction with topical products. LightStim's unique technology works in harmony with high performance ingredients to enhance results.

- + Use LightStim PhotoSerum, LightStim SheetMasque or the products of your choice. When choosing products always consider skin type and condition.
- + When in doubt as to whether a topical product should be applied prior to or after LightStim treatment, ask the product manufacturer if it's safe to use a warm LED device on the skin after application of their product and/or simply apply product after LightStim treatment.
- + Ingredient categories that may be used prior to LightStim treatment (if non-irritating and safe to use with warmth) include collagen building peptides, cell stimulators, anti-inflammatories, antioxidants, and hydrators.
- + Ingredient categories to avoid prior to LightStim but that may be used after treatment include anything that may pose a risk of irritation or dryness, products that should not be exposed to warmth, Retin-A, benzoyl peroxide, harsh acids, potentially reactive forms of vitamin C and A, products containing metals (like colloidal silver and copper peptides), opaque masks and/or highly occlusive ingredients.

LightStim is pleased to partner with some of the industry's most reputable product lines to create step-by-step protocols designed to boost results. Please contact LightStim for more information.

LightStim Precautions

- + Extreme sensitivity to light – migraines brought on by bright light
- + Use of photosensitizing drugs
- + Melasma or hyperpigmentation exacerbated by mild warmth
- + Do not apply products that should not be exposed to mild warmth prior to LightStim treatment
- + Accutane should be discontinued for 6 months in advance of treatment
- + Clients who are pregnant must seek approval from a medical professional
- + Clients with suspicious lesions or skin cancers should consult a medical professional
- + Clients who are being treated for any type of serious health condition should seek approval from a medical professional before undergoing LED therapy





Instructions for Use

1. Plug into a wall outlet
2. Press the ON button
3. Set the desired number of minutes using the 5 MIN and 1 MIN increment buttons
 - Press 5 MIN 4 x for a standard 20-minute treatment
4. Press the SAVE button if you want to repeat this time increment in a future treatment
5. Press the ON button to turn the LEDs on and start the timer
6. The Light will automatically turn off at the end of the treatment time accompanied by a soft beep tone
7. To recall your saved time, press the RECALL button at any time

ProPanel Treatment Room Protocol

1. Cleanse
2. Exfoliate (as indicated)
3. Tone (if desired)
4. Perform extractions (as necessary)
5. Apply treatment serums or transparent/near transparent mask if desired (refer to Ingredient Guidelines in this document)
6. Position LightStim provided goggles over the client's eyes and ensure the elastic band is in place snugly but comfortably around the head – if necessary moistened cotton rounds may be used under the goggles
7. Before moving the ProPanel into position over the face, turn the device on – this will provide an opportunity for the eyes to adjust to the brightness (see Instructions for Use above)
8. Position ProPanel over client approximately 1- 2" away from the skin and adjust the 4 panels to conform to the face
9. When the treatment is complete, remove the device
10. Remove mask (if applied)
11. Apply moisturizer and sunscreen

Massage & Bodywork Protocol

For use with LightStim ProPanel Pain Light

- + Ask client to arrive with clean skin
- + Add-ons: hot towel/body exfoliation treatment
- + Position 1" from targeted area and set time for 20-30 minutes

Express Treatments

This 20-25 minute facial is intended for clients with little time to spare and looking for a quick and efficient "wellness boost" or lunchtime facial to energize cells and jump start circulation for a healthy glow.

- + Cleanse
- + Apply treatment serum
- + Position LightStim provided goggles over the eyes and ensure the elastic band is in place snugly and comfortably around the head
- + Set the timer for 10 minutes and turn the light on – Note: Please allow 5 minutes for the ProPanel to warm up before abbreviated treatment times
- + Apply moisturizer and sunscreen

For clients with a little more time to relax, a 10-minute LightStim wellness boost may be added to any facial treatment.



Self-Guided Treatments

Your LightStim ProPanel can work for you anytime, anywhere. Empower your clients to “self-charge.”

- + Create a dedicated space for self-treatment
- + Provide cleansing towelettes, serum, and moisturizer packets
- + Set up your “treatment lounge” with comfy zero gravity chairs and cozy blankets
- + The LightStim user-friendly control panel allows clients to begin treatment with the push of 3 buttons
- + Light shuts off automatically after treatment

Goggles should be worn throughout treatment to diminish brightness and promote client comfort.

LightStim & Oncology

LightStim is proud to be a Mission Partner with Oncology Spa Solutions. We strongly recommend skin care professionals are thoroughly trained before treating any client affected by cancer. LED can be a valuable tool under these circumstances, however, it may be advisable to modify protocols as outlined above.

For more information, please contact Becky Kuehn at becky@oncologyspasolutions.com.

Care & Cleaning

LEDs

You may clean the LEDs with alcohol once per day using a moderate amount lightly applied to a soft cloth. Gently wipe the LEDs. More than once per day may damage the LEDs over time. Do not use other cleaners on the LEDs except for alcohol as other cleaners/disinfectants will damage the LEDs and void your warranty.

Plastic Housing & Base

Use a gentle all-purpose cleaner, and if desired, your standard treatment room disinfectant cleaner. Spray the cleaner on a soft cloth and apply.

Do not spray alcohol or any other cleaners or disinfectants in or around the ProPanel. The spray can seep into the electronics, damage them, and void your warranty.

Do not soak the cloth in the alcohol/cleaner as the excess cleaner can seep into the electronics, damage them, and void your warranty.